Abortion Aftermath: One Woman’s Testimony
Christine Harrington explains grief, healing common to many
By Paul Murano

INDIANAPOLIS (ChurchMilitant.com) - By the time she was in her 30s, Christine Harrington had undergone two abortions. The second abortion involved twins. Harrington recently contacted Church Militant to tell her story.

Last week Church Militant reported on a survey concluding that women do not regret their abortions. The survey, analysts noted, is faulty, with much evidence contradicting its findings. Harrington's account testifies to the destructive impact of abortion on women. Much of her experience is universally shared by post-abortive women.

Christine Harrington

Why did you have the abortions, and at what age?

I only have snippets of memory. It's not uncommon for post-abortive women to have limited memory of their abortion. Often we don't remember the date, month or year. Like me, most women have abortions because of lack of support, either financially or emotionally.

For me, everyone in my world was telling me since I wasn't married that I must get an abortion. Not one person encouraged me that it's God's will to have this child, or even talked about the sin of abortion.
I heard messages like, "It's legal and it's just a clump of cells — why burden yourself trying to raise this child alone?" and the father of the babies said, "get rid of it."

**Were you a practicing Catholic at the time?**

At the time of the abortions, I was sporadically attending a non-denominational Christian church. After the second abortion, I stopped going to church completely. I felt damned, hopeless and my suffering intensified. I assumed I was now excommunicated from the Catholic Church because of the abortions. So I plunged into the New Age.

**How did you rationalize your abortions?**

Herein lies the problem. I could not justify the abortions. I knew it was wrong — a grave sin. So I did what millions of other post-abortive women do, and that's bury it — bury the reality I willingly killed my own babies; bury the shame, grief and regret. Don't talk about it. Don't acknowledge it. Act like it never happened. Whenever abortion was mentioned on TV, I quickly changed the channel.

**Who knew about your abortions?**

My immediate family, the father and a few close friends knew.

**How did your abortions make you feel?**

Most post-abortive women I talk to have the same sensation I did — numbness. I felt numb, spiritually disconnected, as if I was in shock. One memory I have is being driven home after the second abortion. The doctor announced I had twins, and I immediately screamed "stop!" and he said — without even looking at me — "too late."

With relief and joy, the depression I had been under for most of the last 18 years lifted from my soul. I was so thankful for God's mercy.

I don't recall walking out of the clinic. I remember being driven home with my head resting against the cold car window feeling as if I just lost my soul, from the complete emptiness and self-loathing I had for myself. Many post-abortive women express regret of their abortions, maybe not that day, but shortly after. It's the regret that haunts you every single day.

**What triggered you to finally take an honest look at it, and yourself? Was sacramental confession involved?**

I couldn't take the denial of the abortions any longer. Eighteen years prior, my mother gave me [a priest's] business card. I displayed that card prominently on my office desk for 18 years. In January 2008, I picked up the phone and made an appointment for confession. After two and a half hours of confession, sobbing uncontrollably through most of it, monsignor absolved me of all my sins and told me I could be received back into the Catholic Church.

With relief and joy, the depression I had been under for most of the last 18 years lifted from my soul. I was so thankful for God's mercy. But monsignor wasn't through; he handed me a [Rachel's Vineyard](https://www.rachelsvineyard.org) retreat brochure and strongly urged me to go. As I left, monsignor said to me, "Do you know what day this is?" And I shook my head no. "It's the day *Roe v. Wade* was passed in 1973. This is no coincidence you're here today. God chose this day for you."
Briefly tell us about your experience at Rachel's Vineyard retreat.

I felt my life had been given back to me. Everyone involved in facilitating the retreat was very warm and welcoming. I had gone to five different therapists over the last 18 years and not one ever asked me if I had an abortion. I didn't make the connection between my deep depression and the abortions. The therapists at the retreat helped us to piece it all together, and give us tools to use to begin healing. Post Abortion Stress Syndrome is a real diagnosis and they helped us learn how to deal with it.

Has the grieving process included naming your babies, or praying to them?

There were beautiful experiences to help the post-abortive mother reconnect with their aborted babies, and naming the babies was just one.

Do you believe your baby's soul is in Heaven? Or somewhere else?

Yes, I believe the babies' souls are with Jesus in Heaven based on Pope St. John Paul II telling those who have lost a child to abortion in The Gospel of Life: "You will come to understand that nothing is definitively lost, and you will also be able to ask for forgiveness from your child, who is now living in the Lord." (No. 99)

How would you compare your life today with the 18 years that you were in denial?

My life is vastly different now after the sacrament of confession and attending a Rachel's Vineyard retreat. I'm back in the Catholic Church, living in a state of grace. I'm dedicated to helping post-abortive women face their decision and find healing and hope. But certain things still trigger me, and I'll slide into Post Abortion Stress Syndrome.

Here are two examples: I decided to go public about my abortions and become a member of the pro-life team for the archdiocese. That meant I had to tell my son, who was 16 years old at the time. He never knew about the abortions. When I told him, I didn't anticipate his responses, and his pain stabbed my heart so deeply. He said, "You mean, I didn't have to grow up all alone?" — and the second question — "Why didn't you just abort me too?" We often forget how abortion affects other family members. And it profoundly affects them.

Abortion causes the mother to be disconnected emotionally from her living children and spiritually disconnected from God.

Now at Thanksgiving and Christmas, it's just my son and me. We look at the three empty chairs that should be occupied by the three children I "chose" to kill. While I no longer live in denial, the pain of my "choice" remains every holiday, birthday and days in between. I just now know, through the grace of God and Rachel's Vineyard, how to manage the suffering and isolation. My personal devotion is to give up my suffering for the holy souls in Purgatory.

What would you say to women who are now in that state of denial?

In my pro-life work, I come across two types of post-abortive women — those, like me who silently suffer, and those that are outspoken and "proud" of their abortion. A recent example is Michelle Williams receiving an award at the Golden Globes, announcing pride in her abortion. The post-abortive women that are "loud and proud" of their "choice" are the ones who suffer from the deepest denial. They need to proclaim loudly in order to defend their choice; otherwise, they'd be forced to admit to themselves their "choice" killed a baby.
When I got pregnant a third time, after the two abortions, I couldn't go through another one. As my pregnancy advanced, I realized even deeper what I had done in the abortions. These babies were not a clump of cells. They were living, growing human beings. My shame intensified. You see, abortion causes the mother to be disconnected emotionally from her living children and spiritually disconnected from God. When I finally brought my newborn son home from the hospital, I was afraid of him. I was afraid I'd hurt him in some way, because after all, I was a monster for killing his siblings. How could God trust me with this precious gift? Many times, I'd cry at night asking God to help me be a good mother.

There is hope, healing and forgiveness after abortion. Post-abortive women can contact Rachel's Vineyard or e-mail Christine for information or advice.

***This article was originally shared by Church Militant and can be found here.

RV Recommends

Christine Harrington shared her beautiful story on 'Driving Home the Faith', a program of Sacred Heart Radio. To hear the full interview, listen here.

Lent is the Perfect Time to Reconcile this Dark and Hidden Wound from your Past

By Kevin Burke, LSW

If you received ashes on the forehead to begin your Lenten journey, you may have heard the priest or deacon proclaim the words of Jesus, “Repent, and believe in the Gospel.” This is good news indeed for women and men who have lost children to abortion, and for those friends, family members and others who were intimately associated with the abortion decision and procedure. The season of Lent’s emphasis on repentance and reconciliation with God, are intimately connected to two powerful spiritual themes that are at the heart of abortion healing:

- Abortion violates a fundamental aspect of the relationship with our God and Creator; Providence over life. Whether we felt relief, or were traumatized by the abortion experience, with every abortion decision we injure our communion with
God. Women and men are often keenly aware of this spiritual injury in the aftermath of the procedure.

- Emotional survival after abortion often initiates a denial and repression of the emotional and biological truth of what has been lost; a relationship that has been damaged when the natural love of a mother, father, grandparent has been aborted along with the little boy or girl in the womb:

“...Every time I look at my children I have now, I think about that little face I never saw and the child I have never known.” – Aimee
Abortion healing programs for women and men like Rachel’s Vineyard, SaveOne, Entering Canaan, Forgiven and Set Free, and men’s groups like Project Joseph and A Son’s Journey offer a safe and effective process to work through the damage caused by abortion. The abortion healing process is often a life-changing experience for many participants as they have an intimate encounter with the God of forgiveness and new life. As they progress in the healing journey, parents also reconcile with their precious children. So don’t delay. If your heart and soul have been stirred, take the next step and find abortion healing programs to participate in this Lent. Go to www.abortionforgiveness.org for a zip code generated search engine of healing programs in your area. May this Lent be a life-changing journey with Jesus as you travel with Him through the darkness of sin and death, into the glorious light of Resurrection.

[Keep in mind programs like Rachel’s Vineyard welcome mothers, fathers, grandparents and friends and family who were intimately connected in some way with an abortion decision and procedure.]

“The Spirit of the Lord is upon me, because he has anointed me to proclaim good news...to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed...” – Luke, 4:18

"When everything seems to be going against you, remember that the airplane takes off against the wind, not with it."
~ Henry Ford

A Message from the Pastoral Director

Dear Brothers and Sisters,

Just before writing you this note, I spoke with the Attorney General of Louisiana to thank him for defending the law Louisiana passed to protect women from unscrupulous abortionists. That law is the subject of the abortion case now being heard at the Supreme Court.

I’ll be at the Court on the day of the oral arguments, along with many women who have been hurt by abortionists all across our land, and subsequently found healing in Rachel’s Vineyard.

This ab case will impact how much states can do to rein in an unregulated abortion industry. This, of course, is very meaningful to all of us at Rachel’s Vineyard; the very existence of our ministry is evidence of all that pain. Please pray for the Court!

Likewise this month, we’ll be celebrating the 25th anniversary of St. John Paul II’s
encyclical, “The Gospel of Life” (Evangelium Vitae), a key document of the Church about abortion and the need to end it. One of various new publications we’ve released is an updated study guide on this document, prepared by the whole pastoral team of Priests for Life (including Rachel’s Vineyard). You may recall paragraph 99 of that document, where John Paul II talks with such great compassion to those who have had abortions. He mentions the expert help that such people should seek, and, of course, Rachel’s Vineyard is one of the leading sources of that help. Thank you for helping to make that possible!

Sincerely,

Fr. Frank Pavone
Pastoral Director, Rachel’s Vineyard
National Director, Priests for Life

"The two most important days in your life are the day you are born and the day you find out why."
~ Mark Twain

Rachel's Vineyard in Social Media

Facebook Fan Page: www.facebook.com/rachelsvineyard
YouTube: www.youtube.com/user/rachelsvineyard
Twitter: www.twitter.com/RVHealing
Pinterest: www.pinterest.com/rachelsvineyard
Instagram: www.instagram.com/rvhealing
"The most difficult thing is the decision to act, the rest is merely tenacity."
~ Amelia Earhart

United in Prayer

Please pray for Terry Hadley as he recovers from a recent stroke. Terry is the husband of Eugenia, a dear friend of ours who has been the Director of International Training for Rachel's Vineyard for many years. We pray for a speedy and healthy recovery for Terry!

"Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you."
~ Deuteronomy 31:6

Upcoming Grief to Grace Retreat Weekends

Phoenix, AZ
Email: Phoenix@grieftograce.org
Call: 480-215-6762
March 8-13, 2020
June 10-14, 2020 (Retreat held in Spanish)
July 5-10, 2020 (Young adult retreat for ages 18-25)
August 16-21, 2020 (Native American Retreat)

Houston, TX
Email: G2GTexas@GrieftoGrace.org
Call: 866-763-6557
May 30-June 3, 2020
August 15-19, 2020

Minneapolis/St. Paul, MN
Email: Diane@grieftograce.org
Call: 612-440-7247
August 23-28, 2020

Lake Charles, LA
Email: grieftograceLouisiana@lcdiocese.org
Call: Marjorie Long – 337-489-2473
May 13-17, 2020
Newark, NJ  
Email: info@grieftograce.org  
Call: 610-203-2002

Beaverton, OR  
Email: GrieftoGraceOregon@gmail.com  
Call: 541-357-7501

Aston, PA  
Email: info@grieftograce.org  
Call: 610-203-2002

International:

Perth, Australia  
October 20-25, 2020  
Cote D’Azur, France  
Email: g2g.lsi.france@gmail.com  
Call: +33 6 09 39 79 27

El Salvador  
Email: Anajhill@hotmail.com  
Call: Ana Julia Hill – 503-772-97-721  
Call: Nueva Alianza – 503-229-87-000

Kelowna, Canada  
Email: G2GKelowna@gmail.com  
Call: 250-878-7603  
May 6-10, 2020

London, UK  
Email: info@grieftograceuk.org  
Call: +44-207-937-4297  
Call: +44-07484-248-799

Slovenia  
Email: tomaz.mikus@gmail.com

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When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us.  
~ Helen Keller

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Upcoming Rachel’s Vineyard Retreat Weekends  
March & April

Allentown, PA  
Contact: Sr. Meg Cole, SSJ  
1-866-3Rachel  
mcole@allentowndiocese.org
Central Texas (Interdenominational), TX  
Contact: Lovette Vassar  
254-702-6723  
abortionrecovery@hopepc.com  
Contact: Susie Wilde  
254-718-2823  
swilde58@gmail.com  
Friday, March 6, 2020  
Sunday, March 8, 2020  

Houston, TX  
Website Address: https://www.archgh.org/projectrachel  
Contact: Cindy  
713-825-0649  
cindy@rvhouston.org  
Contact: Julie Fritsch  
713-741-8728  
jkfritsch@archgh.org  
Contact: Zulema (Spanish Contact)  
713-440-3443  
zgonzalez@archgh.org  
Language: Spanish  
Friday, March 6, 2020  
Sunday, March 8, 2020  

Minneapolis/St. Paul, MN  
Website Address: www.rvineyardmn.org  
Contact: Nancy Blom  
763-250-9313  
rachels@rvineyardmn.org  
Friday, March 6, 2020  
Sunday, March 8, 2020  

Northwest Indiana, IN  
Contact: Rosanne Kouris  
219-552-2944  

nwinrv@outlook.com  
Friday, March 6, 2020  
Sunday, March 8, 2020  

Santa Clarita, CA  
Contact: Roseanne Becker  
661-510-8258  
RachelsvineyardSCV@gmail.com  
Friday, March 6, 2020  
Sunday, March 8, 2020  

Seattle/Western Washington, WA  
Contact: Aleah Patulot  
206-920-6413  projectrachel@ccsww.org  
Contact: Alejandra (Español)
206-450-7814
projectrachel@ccsww.org
800-822-HOPE
Friday, March 6, 2020
Sunday, March 8, 2020

**Asheville, NC**
Contact: Jackie Childers
980 241-0251
jackie.childers1@gmail.com
Friday, March 13, 2020
Sunday, March 15, 2020

**Indianapolis, IN**
Website Address: [www.archindy.org/projectrachel](http://www.archindy.org/projectrachel)
Contact: Bernadette Roy
317-452-0054
Contact: Maria Hernandez (Spanish)
317-946-3813
Friday, March 13, 2020
Sunday, March 15, 2020

**Johannesburg, South Africa**
Contact: Marie-Anne
0785340386
ma@tobsa.co.za
Language: English
Friday, March 13, 2020
Sunday, March 15, 2020

**Lake Geneva (Interdenominational), WI**
Website Address: [www.twentythree61.com](http://www.twentythree61.com)
Contact: Women contact Amber Culverhouse
262-325-1970
littlesue123@yahoo.com
Contact: Men contact Alex Chobanian
262-989-6553
alexchobanian@gmail.com
Contact: Para Español llamada Laura Brown
414-975-2270
lsbs2p@gmail.com
Contact: Text or Call
262-237-8242
Friday, March 13, 2020
Sunday, March 15, 2020

**Madison, WI**
Website Address: [www.madisondiocese.org/rachel](http://www.madisondiocese.org/rachel)
Contact: Mary Mead
608-221-9593
meadmt@sbcglobal.net
Contact: Mary Mead
608-821-3177
rachel@straphael.org
Friday, March 13, 2020
Sunday, March 15, 2020
Riverside County, Temecula, CA
Website Address: www.AtimeforMercy.org
Contact: Dolores Dunphy
951-325-7702
RVTemecula@verizon.net
Friday, March 13, 2020
Sunday, March 15, 2020

Springfield, MA
Contact: To Register
413-452-0661
Contact: Yolanda Mendez
413-530-0298
yolandom3@msn.com
Contact: Joetta
516-457-2838
joettadawson@gmail.com
Friday, March 13, 2020
Sunday, March 15, 2020

Bowling Green/Owensboro, KY
Website Address: www.hopeafterabortionky.com
Contact: Wendy
270-474-4707
wendyc@hopeafterabortionky.com
Friday, March 20, 2020
Sunday, March 22, 2020
Note: Retreat held in Nashville, TN area.

Central Washington, WA
Contact: Lisa Peterson
509-421-7847
rvcentralwa@gmail.com
Friday, March 20, 2020
Sunday, March 22, 2020

Dallas, TX
Website Address: www.racheldallas.org
Contact: Regina Rivas
214 544 2273
healing@racheldallas.org
Friday, March 20, 2020
Sunday, March 22, 2020

Las Vegas, NV
Contact: Kathleen Miller
702-737-1672
katm419@aol.com
Friday, March 20, 2020
Sunday, March 22, 2020

Las Vegas (Español), NV
Contact: Maria Vazquez
702-283-8379  shalom_m@msn.com
Friday, March 20, 2020
Sunday, March 22, 2020
Litchfield, CT
Contact: Marie Laffin
203-631-9030
mlaffin@prolifeministry.org
Friday, March 20, 2020
Sunday, March 22, 2020

Louisville (Interdenominational), KY
Contact: Linda Johnson
502-235-3191
lindajohnson@TWC.com
Friday, March 20, 2020
Sunday, March 22, 2020

Midland, TX
Contact: Priscilla Fuentez
432-897-4788
rachelsvineyardsanangelo@gmail.com
Friday, March 20, 2020
Sunday, March 22, 2020

Providence, RI
Website Address: www.dioceseofprovidence.org
Contact: Carol Owens
401-278-2518
rachelsvineyard@dioceseofprovidence.org
Contact: Judy
401-351-7730
Contact: Spanish Contact: Loren
401-742-1510
Contact: Spanish Contact: Rosa Moreno
401-688-4687
Language: Spanish
Friday, March 20, 2020
Sunday, March 22, 2020

Tampa, FL
Contact: Carmen Claypoole - Spanish & English
813-924-4173
projectrachel@ccdosp.org
Friday, March 20, 2020
Sunday, March 22, 2020

Tulsa, OK
Website Address: www.cceok.org/healing-after-abortion
Contact: Mary Lee
918-508-7142
marylee@cceok.org
Contact: Martha - Spanish
918-508-7134
mstanton@cceok.org
Language: Spanish
Friday, March 20, 2020
Sunday, March 22, 2020
Upstate / Greenville, SC
Contact: Christy
803-554-6088
grace4healing@gmail.com
Contact: Kathy
803-546-6010
kcs6010@gmail.com
Friday, March 20, 2020
Sunday, March 22, 2020

Bogotá, Colombia
Contact: Myriam Fernandez
312-406-7127
miryamf52@gmail.com
Language: Spanish
Saturday, March 21, 2020
Monday, March 23, 2020

Medellín, Colombia
Contact: Margarita Agudelo
316-657-8585
entretusmanos33@gmail.com
Language: Spanish
Saturday, March 21, 2020
Monday, March 23, 2020

Bogotá, Colombia
Contact: Fanny Ester Jiménez Marzal
+57 3004060878
fajimar69@gmail.com
Contact: Luz Marina Pedreros
+57 3504332283
vinedodiocesisengativa@gmail.com
Language: Spanish
Friday, March 27, 2020
Sunday, March 29, 2020

Cedar Rapids, IA
Website Address: https://bridgehavencr.org/abortion-recovery-support/take-courage/
Contact: Haley Brimmer
319-364-8967
haley@bridgehavencr.org
Denomination: Interdenominational
Friday, March 27, 2020
Sunday, March 29, 2020
Note: Retreat held in Dubuque, IA

Georgetown (Interdenominational), DE
Contact: Teresa Bolden
302-856-4344
tbolden@sussexpregnancy.com
Friday, March 27, 2020
Sunday, March 29, 2020
Grand Rapids, MI
Contact: Maggie Walsh
616-340-1824
mwalsh@ccwestmi.org
Contact: Toll-free (MI only)
800-800-8284
Friday, March 27, 2020
Sunday, March 29, 2020

Matagalpa, Nicaragua
Contact: La Casita
(505) 2772 3765
Language: Spanish
Friday, March 27, 2020
Sunday, March 29, 2020

Medford, OR
Website Address: www.Project-Aurora.org
Contact: Lori Eckstine
541-942-2861
ProjectAurora@aol.com
Contact: In Spanish - Araceli
541- 621-7047
Friday, March 27, 2020
Sunday, March 29, 2020

Melbourne (Interdenominational), VIC
Website Address: www.opendoors.com.au
Contact: Anne Neville
(03) 9870 7044
Anne@Neville.org
Friday, March 27, 2020
Sunday, March 29, 2020

Miami, FL
Contact: Kathy Weissinger
305-273-8508
southdadepregnancyhelp@gmail.com
Friday, March 27, 2020
Sunday, March 29, 2020

Philadelphia Area, PA
Contact: Lauren
215-720-5828
rachelsvineyardgp@gmail.com
Friday, March 27, 2020
Sunday, March 29, 2020

Prescott Valley, AZ
Contact: Diane Duncan
928-713-9504 rvpvaz@gmail.com
Contact: Nancy
928-910-5253
rvpvaz@gmail.com
Friday, March 27, 2020
Sunday, March 29, 2020
Providence, RI
Website Address: www.dioceseofprovidence.org
Contact: Carol Owens
401-278-2518
rachelsvineyard@dioceseofprovidence.org
Contact: Judy
401-351-7730
Contact: Spanish Contact: Loren
401-742-1510
Contact: Spanish Contact: Rosa Moreno
401-688-4687
Friday, March 27, 2020
Sunday, March 29, 2020

San Bernardino, CA
Contact: Blanca Leal-McGuthrie (Español)
909-520-3867
blancamcguthrie@gmail.com
Contact: Mary Huber - (English)
909-475-5353
mhuber@sbdioce.org
Friday, March 27, 2020
Sunday, March 29, 2020

Savannah/Augusta, GA
Contact: Stephanie May
912-306-0406
stephmay@bellsouth.net
Friday, March 27, 2020
Sunday, March 29, 2020

Shreveport, LA
Contact: Rosalba Quiroz - Spanish
318-588-1064
rquiroz@dioshpt.org
Friday, March 27, 2020
Sunday, March 29, 2020

Detroit Area, MI
Website Address: www.detroitrachelsvineyard.org
Contact: Erika Hale
248-494-6363
rvdretreats@gmail.com
Denomination: Interdenominational
Friday, April 3, 2020
Sunday, April 5, 2020

Doylestown, PA
Contact: Evelyn
215-317-5752
evelynwalsh59@gmail.com
Contact: Daria Zarczynska-Polish
201-754-8201
kontakt@winnicaracheli.org
Friday, April 3, 2020
Sunday, April 5, 2020
Newark, NJ
Contact: Cheryl Riley
973-497-4350
rileyche@rcan.org
Contact: Spanish Contact
elvinedoderaquelinfo@rcan.org
Language: Spanish
Friday, April 3, 2020
Sunday, April 5, 2020

Vladivostok, PY
Contact: Sr. Maria Stella Whittier, CJD
+7 924 729 3992
vinogradnik.vladivostok@gmail.com
Language: Russian
Friday, April 3, 2020
Sunday, April 5, 2020
Note: retreat held in Irkutsk

Albany Area, NY
Contact: Mrs. Pat Mousaw
518-222-1160
Rachelsvineyardalbany@yahoo.com
Contact: Kathy Kelly
802-282-2028
Contact: Denise Freeman
607-353-0039
Contact: Katie Bolibaugh
518-495-3574
Rachelsvineyardalbany@yahoo.com
Friday, April 17, 2020
Sunday, April 19, 2020

Jacksonville/St.Augustine, FL
Contact: 904-221-3232
Rachelsvineyardjax@yahoo.com
Contact: Mary Huston
904-885-9959
mtliai@bellsouth.net
Friday, April 17, 2020
Sunday, April 19, 2020

Kelowna, BC, Canada
Website Address: www.rachelsvineyardkelowna.com
Contact: Richard and Sue Morris
250-762-2273
info@rachelsvineyardkelowna.com
Friday, April 17, 2020
Sunday, April 19, 2020

Lafayette, LA
Contact: Trista M. Littell
337-261-5598
tlittell@diolaf.org
Friday, April 17, 2020
Sunday, April 19, 2020
New Orleans, LA
Contact: Pam Richard
504-460-9360
richj504@bellsouth.net
Contact: Donna Scheuermann
504-258-9183
donnas@1791.com
Friday, April 17, 2020
Sunday, April 19, 2020

Portland, ME
Website Address: www.portlanddiocese.org/projectrachel
Contact: Confidential Hotline
207-321-7897
projectrachel@portlanddiocese.org
Friday, April 17, 2020
Sunday, April 19, 2020
*Note: Retreat near Bangor, ME*

Richmond, VA
Contact: Marty Montgomery-Jennings
804 704 0429
rv4hope@gmail.com
Contact: Maggie Carlson
804 432 2589
rv4hope@gmail.com
Friday, April 17, 2020
Sunday, April 19, 2020

Rock Hill, SC
Contact: Sarah - Spanish
803 627 1209
Contact: Christy
803-554-6088
grace4healing@gmail.com
Contact: Kathy
803-546-6010
kcs6010@gmail.com
Friday, April 17, 2020
Sunday, April 19, 2020

San Jose/Greater South Bay (Interdenominational), CA
Website Address: www.realoptions.net/hope
Contact: Becky Morales
408-229-9836
becky@realoptions.net
Friday, April 17, 2020
Sunday, April 19, 2020

Santa Clara & Alameda Counties (Interdenom), CA
Website Address: www.realoptions.net/hope
Contact: Becky Morales
408-229-9836
becky@realoptions.net
Friday, April 17, 2020
Sunday, April 19, 2020
Santa Cruz Valley (Interdenominational), CA
Website Address: [www.realoptions.net/hope](http://www.realoptions.net/hope)
Contact: Becky Morales
408-229-9836
becky@realoptions.net
Friday, April 17, 2020
Sunday, April 19, 2020

Cottonwood (Interdenominational), AZ
Contact: Lou Mason
928-593-8200
rvverdevalley@gmail.com
Friday, April 24, 2020
Sunday, April 26, 2020

Encino (Interdenominational), CA
Contact: Tegra Little
833-652-6863
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Friday, April 24, 2020
Sunday, April 26, 2020

Kansas City, MO
Contact: Teresa O'Donnell
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Contact: Indhira García - Spanish
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Friday, April 24, 2020
Sunday, April 26, 2020

Managua, LN
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Friday, April 24, 2020
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Friday, April 24, 2020
Sunday, April 26, 2020

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Thursday, April 30, 2020
Saturday, May 2, 2020